



TABOR ACADEMY

RDFZ SCHOOL EXCHANGE

MARCH 9th – MARCH 17th



ENVIRONMENT

Our host school and families will make sure that we are safe and welcome. Please note the following about living in Beijing and adjusting to a different culture:

- **Air pollution:** Beijing's air quality is sometimes not good. No special masks or precautions are needed. We will stay indoors if there is an air quality problem.
- **Safety:** Beijing is safe for foreigners. Any time you leave RDFZ School or your host family home, you must be with at least one other student or teacher.
- **Water:** Drink bottled water, not tap water. Tap water is not safe to drink.
- **Rules:** School rules apply throughout the trip. You may not consume or be in the presence of alcohol or drugs, and you may not use tobacco. If you find yourself in a compromising situation, explain the rule and ask to leave.
- **Emergency** You will have a phone number to reach Mr. Downes or Mr. DaSilva, as well as the phone number of our RDFZ School contact. Your host family parents are your first response if you need medical or personal safety attention.
- **Being a good homestay guest:** *What costs should I pay?* You should expect to pay your costs when you go out with your host family, such as to a restaurant, or a ball game or movie, or a special outing. You do not need to pay for the cost of your meals at home. *Do I have to go on trips or to places the host family suggests?* In most cases you should accept offers and invitations from the host family as a good guest. *Are there any rules?* You should find out what the parents expect of their own son or daughter and follow these expectations carefully. They include when to be home, when to turn lights out, computer use times, when to eat, and keeping your room clean. *Is there anything else I should know about?* A small gift and thank you card to your hosts is a nice way to show your appreciation for their hospitality. Your host family will really enjoy having you join them. When you say goodbye, please be sure to invite the student and parents to visit you and your parents some day in your home country.